

Measuring Guide For Adult Diapers

Categories

1	Size Information	Page 1
2	Absorbency Key	Page 2
3	Types of Incontinence	Page 3
4	Placing Your First Order	Page 4
5	Talking to Your Doctor	Page 5
6	Quick tips on Brief Application	Page 6
7	Prostate Health	Page 7
8	Adult Diapers / Briefs	Page 8
9	Causes of Incontinence	Page 9
10	Pads, Liners, Male Guards	Page 10
11	Related Articles	Page 11
12	Managing Incontinence	Page 12
13	Disposable Underwear	Page 13
14	Underpads / Bed Pads	Page 14
15	Underwear Sizing Chart	Page 15

Size Information

Measuring for the Correct Size Brief

- ☑ Measure the hips or waist, whatever is larger.
Measure hipbone to hipbone and over the stomach.
- ☑ After obtaining the hipbone to hipbone measurement, double the measurement and add two inches.

Use the Height Conversion Chart below to find your height in inches				
59" = 4'11"	60" = 5'0"	61" = 5'1"	62" = 5'2"	63" = 5'3"
64" = 5'4"	65" = 5'5"	66" = 5'6"	67" = 5'7"	68" = 5'8"
69" = 5'9"	70" = 5'10"	71" = 5'11"	72" = 6'0"	73" = 6'1"
74" = 6'2"	75" = 6'3"	76" = 6'4"	77" = 6'5"	78" = 6'6"

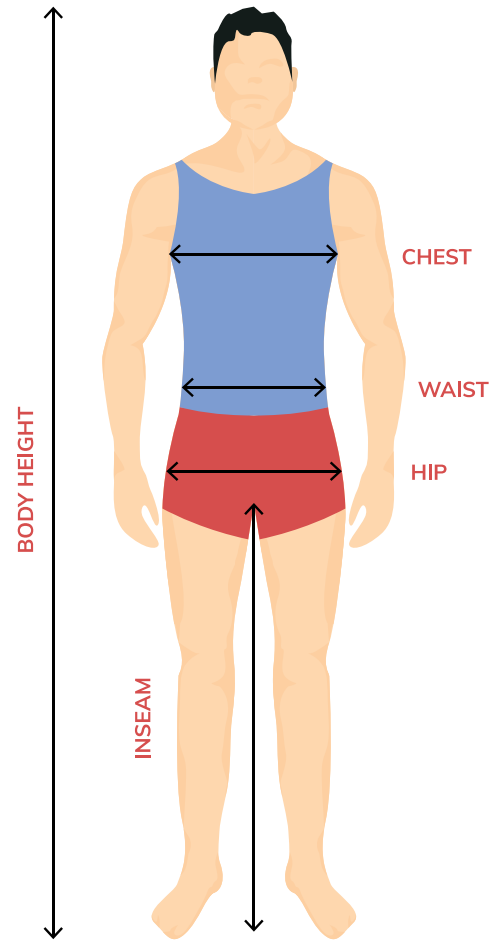
Example:

Hipbone to hipbone = 22"

$22" \times 2 = 44" + 2" = 46"$



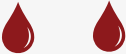












46" measures into a large brief

[Click here for instructions for measuring a person laying down](#)





Absorbency Key

General Guidelines for Tranquility Disposable Briefs / Adult Diapers, Select and Comfortcare			
	<p>Light Protection</p> <p>Symptom: Sudden, involuntary voiding of small amounts of urine.</p>		Pads & Liners
	<p>Moderate Protection</p> <p>Symptom: Sudden, involuntary voiding of small to moderate amounts of urine.</p>		Pull-ups & Disposable Underwear
	<p>Heavy Protection</p> <p>Symptom: Uncontrolled daily voiding of moderate to large amounts of urine and/or stool.</p>	 	Pull-ups & Disposable Underwear Adult Diaper Briefs
	<p>Maximum Protection</p> <p>Symptom: Uncontrolled daily voiding of large amounts of urine and/or stool</p>	  	Adult Diaper Briefs Pull-ups with Maximum Absorption
	<p>Ultimate Protection</p> <p>Total loss of bladder and bowel control.</p>	  	Adult Diaper Briefs Bed Pads / Chux





Types of

Incontinence is the inability to control either urine or fecal elimination. Essentially this means that to some degree you may lose urine or bowel movements at times that you do not choose to do so.

There are six basic types of Urinary incontinence:

- ✓ **Overflow Incontinence**
- ✓ **Stress Incontinence**
- ✓ **Functional Incontinence**
- ✓ **Urge Incontinence**
- ✓ **Mixed Incontinence**
- ✓ **Reflex Incontinence**

Six basic types of Urinary incontinence

Stress Incontinence

An involuntary loss of small amounts of urine when you cough, laugh, lift or exercise. It can be caused by multiple vaginal births, enlarged prostate etc.

Urge Incontinence

Inability to control urinating once you feel the need to void. Simply, you may feel the need to urinate but cannot wait to get to the bathroom.

Reflex Incontinence

This is frequent loss of urine with no warning. This is due to spinal cord injuries, brain tumors or strokes. We recommend using Pull-ups etc.

Overflow Incontinence

Leakage of urine when the bladder is full. For example the person experiences dribbling, frequency, urgency and bladder distention.



Functional Incontinence

Incontinence caused by factors outside the urinary tract, such as immobility or cognitive impairment. These individuals would be continent.



Mixed Incontinence

A combination of forms of incontinence, such as "mixed stress urge incontinence." We recommend using Protective Underwear or Adult Briefs .



Placing Your First Order

We strive to make your ordering process quick and easy as possible.

Please place your order online.



Find the Items	Add the Items to Cart	Shopping Cart	Checkout Your Order
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Once You Choose to CHECKOUT the items in your Shopping Cart, you will be guided through the process of placing your order.

- Sign In/Create a New Account
- Edit or Keep your listed Shipping Address
- Your Shipping Method is Defaulted to Ground, then Click continue checkout
- Provide Payment Information

We accept all Major Credit Cards

Enter Name on Card	Card Number
<input type="text" value="Enter Name on Card"/>	<input type="text" value="Enter the card number"/>
Expiration Date	CVV Code
<input type="text" value="MM/YY"/>	<input type="text" value="CVV"/>

- Review and Submit Your Order
- You will receive an Order Confirmation to the Email provided
- The charge will show up on your credit card statement as "CWI Medical, LLC"

Quick tips on Brief Application

Brief Positioning

- ☑ Position the brief so that the top tape tabs are lined up with your hipbones.

Tug Technique

- ☑ Fold the wings of the front panel back to bring the leg cuffs outward.
- ☑ Pull the panel up snug between the legs until the leg elastic is resting in the crease of the groin area.

This will prevent leaking and redness in the inner groin area.

Tape Tabs

- ☑ Always fasten the bottom tape tabs first on an upward angle. This will form a secure seal around the buttocks. Fasten the top tabs on a downward angle.

To Speak to a Specialist, **Call us at: 1-631-753-8390.**





50% of men experience BPH by age 60

The Prostate is a gland in males that surrounds the urethra. Benign prostatic hypertrophy, or an enlarged prostate, can be a very common cause of Stress Incontinence. Some symptoms of BPH include increased frequency of urination, urgency, a weakened stream and incomplete bladder emptying.

“ **90% of men report symptoms of BPH by age 85.** ”

You should consult with your doctor about BPH. There are many surgical and pharmacological options to minimize or eliminate the symptoms.



Adult Diapers

In this section, find adult diapers and briefs in all different sizes and amazing levels of absorbency. Adult diapers come with Refastenable Tabs for adjusting to get the perfect fit, and are used when maximum absorbency is needed. We carry sizes Youth to Bariatric.



If you have a question on what is the right Adult Diaper for you, [Contact Us](#)



Prevail Air Plus Briefs Premium Adult Diapers

Starting from **\$1.50**



Prevail Per-Fit 360 Adult Briefs, Maximum Absorbency

Starting from **\$1.50**



Prevail Breezers Adult Diaper Briefs

Starting from **\$2.00**



Prevail Super Plus Absorbent Protective Underwear

Starting from **\$2.00**



Tranquility Essential Breathable Briefs - Heavy Absorbency

Starting from **\$2.00**



Dynacare Flushable Wipes with Aloe, Junior Size

Starting from **\$2.95**

Causes of Incontinence

Stress Incontinence in Women

- ☑ It is often the result of multiple vaginal births or a breakdown in the urethra due to decreased estrogen levels as the woman ages.

Stress Incontinence in Men

- ☑ It can be caused by an enlarged prostate or a traumatic event to the pelvis at some time in the man's life. Obesity can also cause the muscles of the pelvis to relax and cause stress incontinence.



Urge Incontinence

- ☑ It is most often caused by disorders of the Central Nervous System such as Alzheimer's Disease, CVA and Parkinson's Disease. Spinal cord injuries and BPH (Benign Prostatic Hypertrophy, or an enlarged Prostate) are also common causes of Urge Incontinence as are Urinary Tract Infections.

Reflex Incontinence

- ☑ It is caused by cerebrovascular accidents, spinal cord injuries and brain tumors.

Overflow Incontinence

- ☑ It can be caused by an outlet obstruction, BPH (enlarged prostate), Neurogenic bladder or a fecal impaction.

Functional Incontinence

- ☑ It is caused by factors outside the urinary tract, such as immobility or cognitive impairment. The individual would be continent if the external factor was eliminated.

Pads, Liners & Male Guards

CWI Medical carries, Pantliners, Bladder Control Pads, Pant Liners, Male Guards, Booster Pads, Absorbent Pads and Thinlineer Sheets.



If you have a question on what are the best Pads and Liners for you, [Contact Us](#)



Prevail Male Guards - Extra Absorbent

Starting from **\$1.00**



Prevail Pantliners for Light Bladder Leakage

Starting from **\$1.00**



Select Kids Booster Pads

Starting from **\$1.00**



Tranquility TopLiner Booster Contour Pad

Starting from **\$1.25**



Prevail Ultimate Bladder Control Pads

Starting from **\$1.50**



Tranquility Topliner Super Booster Pads

Starting from **\$9.50**

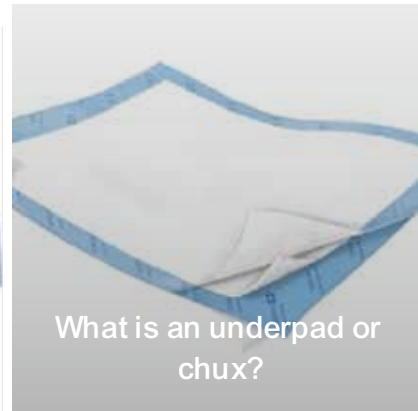
Related Articles



Managing Caregiving:
Techniques That Can Help



Tranquility Incontinence
Aids Product Guide



What is an underpad or
chux?



Feel The Cleanse With High Quality Ingredient Skin Care Products

Incontinence And The Products That Can Provide Some Relief

✔ As the body ages it can be bombarded with a variety of health challenges which may include incontinence, the uncontrollable leaking of urine.

[Read more](#)

Your Checklist As A Caregiver For Someone With Incontinence

✔ Whether you are a family caregiver or a professional caregiver, you know that taking care of someone who suffers from incontinence can be a very demanding job.

[Read more](#)

✔ [The Importance of Properly Sizing Incontinence Products](#)

[Read more](#)

✔ [The Importance of Skin pH](#)

[Read more](#)

✔ [What is Incontinence?](#)

[Read more](#)

✔ [How Do Disposable Diapers Absorb?](#)

[Read more](#)

✔ [How to Avoid Possible Embarrassment at the Airport](#)

[Read more](#)

✔ [Living with Incontinence](#)

[Read more](#)



Managing Incontinence

There are several **behavioral techniques** that can enhance continence. These include bowel and bladder training, relaxation techniques, biofeedback and kegel exercise. Kegel exercises are performed by tightening the pelvic floor muscles in a series of repetitions. These should be performed **30-80 times** daily over a course of eight weeks.

There are also interventional strategies for incontinence if behavioral techniques cannot be performed. These include surgical interventions, pelvic muscle rehabilitation, pharmacological therapies and the use of disposable products. One surgical procedure performed in many cases is called a sling procedure.

The surgeon will reposition the bladder into the correct anatomical position to enable the bladder to collect and empty urine properly. Bulking treatments use materials such as collagen to thicken the sphincters that control urine flow.

A number of different products may be used to help those living with incontinence to remain comfortable and dry. The selection of an incontinent product should correlate with the type of incontinence. The smallest/minimal product should be used to support and encourage continence and promote an individual's dignity and confidence. Some product options are bladder control pads, small liners and undergarments, pant liners and protective underwear & disposable briefs. **Brief sizing is critical – the better the fit, the more comfortable the wearer & the better the absorption.**

The smallest/minimal product should be used to support and encourage continence and promote an individual's dignity and confidence. Some product options are bladder control pads, small liners and undergarments, pant liners and protective underwear & disposable briefs.

Pull-Ups / Disposable Underwear

CWI Medical carries pull-ups and disposable underwear in all different sizes and levels of absorbency. We have male and female styles.



If you have a question on what is the right Disposable Underwear / Pull Up for yo, [Contact Us](#)



Prevail Male Guards - Extra Absorbent

Starting from **\$1.00**



Prevail Per-Fit Underwear for Women

Starting from **\$1.50**



Prevail Ultimate Bladder Control Pads

Starting from **\$1.50**



Prevail Per-Fit Underwear for Men

Starting from **\$1.75**



Perfit Protective Underwear

Starting from **\$2.00**



Prevail Underwear for Women

Starting from **\$2.00**

Underpads / Bed Pads

Our underpads, bed pads, and chux come in all different sizes and levels of absorbency. From breathable to reusable and fits on a chair, wheelchair to a bed, get great savings here. **Prevail**, **Salk**, and **Tranquility** have great absorbent products



If you have a question on what is the right Bed Pad / Underpad for you, [Contact Us](#)



Prevail Underpads

Starting from **\$1.50**



Select Large Underpads

Starting from **\$5.50**



Select Thin Mat Underpads

Starting from **\$9.50**



Tranquility Essential Disposable Underpads

Starting from **\$2.00**



Tranquility Peach Sheet Underpads

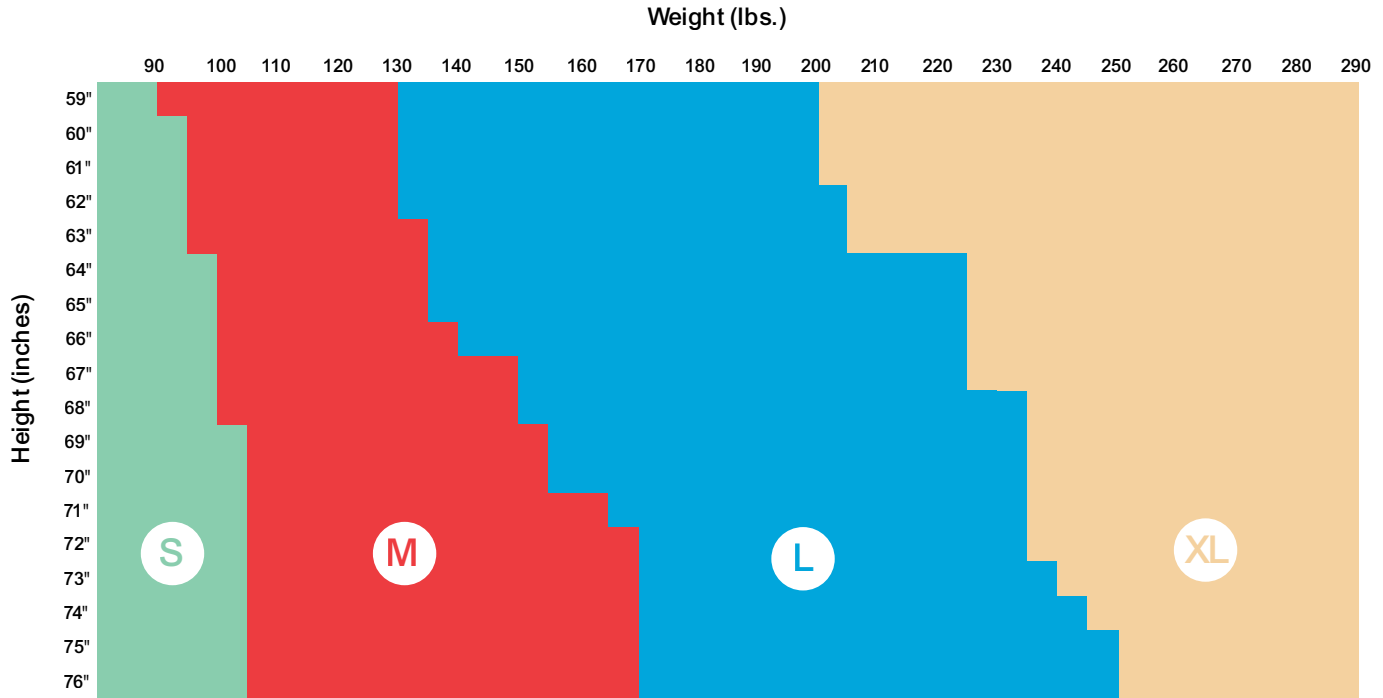
Starting from **\$11.50**



Reusable Bed Pad / Underpad w/ Vinyl Coated Knit Barrier

Starting from **\$11.95**

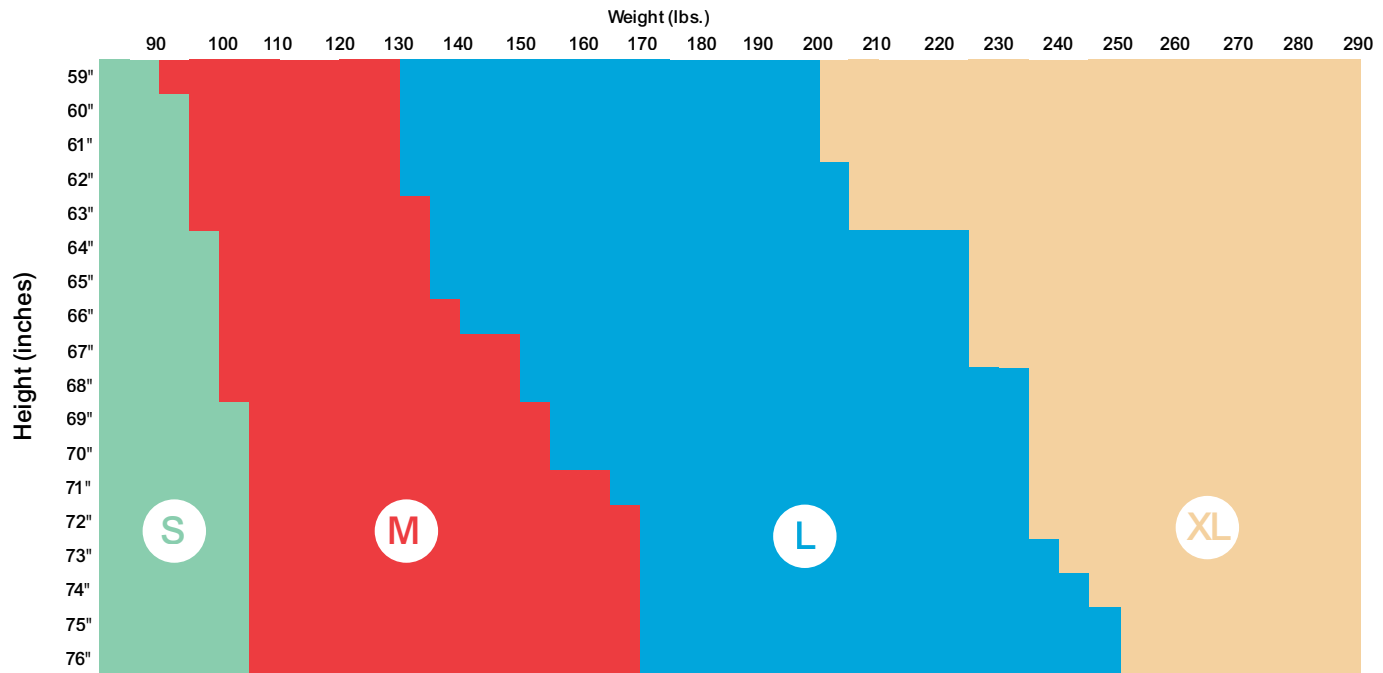
Briefs & Underwear Sizing Chart



Prevail Adult Diaper Briefs Height & Weight Sizing Chart



59"=4'11"	62"=5'2"	65"=5'5"	68"=5'8"	71"=5'11"	74"=6'2"
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Prevail Underwear Height & Weight Size Chart



59"=4'11"	62"=5'2"	65"=5'5"	68"=5'8"	71"=5'11"	74"=6'2"
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